



Working with Yoga instructors and training providers

A position statement from the Chartered Institute for the
Management of Sport and Physical Activity.

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Introduction

This position statement clarifies CIMSPA's position and its relationship with Yoga instructors and training providers.

The Chartered Institute for the Management of Sport and Physical Activity (CIMSPA) is the professional development body for the UK's sport and physical activity sector, an employer led body supported and funded by Sport England and Sport Scotland.

Key asks of CIMSPA from the sectors employers are to,

- Provide a membership opportunity that clearly outlines a member's scope of practice.
- Standardise, endorse and quality assure education and training for anyone working in the Sport and Physical Activity sector.

CIMSPA Membership for Yoga Instructors

Membership provides professional recognition for Yoga professionals. CIMSPA associate members are awarded professional recognition which provides confirmation and confidence to their employers, colleagues, and the public that they have achieved the required qualifications and continuous professional development (CPD) and met the benchmark for deployment in their role.

Details of the Yoga Instructor Associate membership can be seen [here](#)

CIMSPA Endorsement for Yoga Training

CIMSPA provide an opportunity for training providers delivering continuous professional development courses (CPD) to gain our endorsement. We have not yet developed a Professional Standard for Yoga and therefore CIMSPA do not provide endorsement for Yoga teacher courses as there are no industry agreed standards to use as a reference point for endorsement.

Training Providers should not advertise that their endorsed CPD courses allow graduates to become Yoga instructors or teachers. Training providers who would like to receive endorsement from CIMSPA can apply to be Training Provider Partners of CIMSPA [here](#)

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